

# Lothians Veterans Calendar NOVEMBER '17



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>All events and services are free to Veterans unless otherwise indicated</b>	<b>It is advisable to double check event details in advance and helpful for organisers to predict numbers attending</b>	<b>Shelter Scotland will hold a housing advice surgery at LVC afternoon of 1 Nov. Call to book appointment</b>	<b>1</b> Rock2Recovery surgery at Napier Sighthill Veterans Café, The Stafford Centre, 18:30 to 21:00	<b>2</b> Rock2Recovery surgery at Napier Sighthill Wed 1 <sup>st</sup> to Fri 3 <sup>rd</sup> <b>R2R Music Gig info below</b>	<b>3</b> Rock2Recovery surgery at Napier Sighthill LVC , Dalkeith Bacon Roll Morning 10:30 – 12:00	<b>4</b> <b>East Lothian Breakfast Club</b> The Gothenburg Bar, Prestonpans 09:30 to 11:30 £5
<b>5</b> Walk, Talk & Brew Holyrood Park, 10:00-11:00 <i>Search Walk Talk and Brew on Facebook</i>	<b>6</b>	<b>7</b> V1P Music Group 14:00 to 15:00	<b>8</b> Veterans Café, The Stafford Centre, 18:30 to 21:00 Tai Chi 18:30 to 19:15 Meditation 19:15 to 20:00	<b>9</b>	<b>10</b> Lothians Veterans Centre, Dalkeith Bacon Roll Morning 10:30 – 12:00	<b>11</b>
<b>12</b> <b>Armistice Day breakfast and lunch</b> Edinburgh Veterans Breakfast Club The Foxy Fiddler, Morrison Street 09:30 to 11:30 £10	<b>13</b>	<b>14</b> V1P Music Group <b>LVC - 5-a-side football</b> <b>The Saltire Soccer Centre, Mayfield Industrial Estate, Newtongrange 19:30</b>	<b>15</b> Veterans Café, The Stafford Centre, 18:30 to 21:00 Tai Chi 18:30 to 19:15 Meditation 19:15 to 20:00	<b>16</b>	<b>17</b> Lothians Veterans Centre, Dalkeith Bacon Roll Morning 10:30 – 12:00	<b>18</b>
<b>19</b>	<b>20</b>	<b>21</b> V1P Music Group 14:00 to 15:00	<b>22</b> Veterans Café, The Stafford Centre, 18:30 to 21:00 Tai Chi 18:30 to 19:15 Meditation 19:15 to 20:00	<b>23</b>	<b>24</b> LVC Bacon Roll Morning 10:30 – 12:00 LVC “Thank You Night” Dalkeith Masonic Hall 19:00 to 22:30	<b>25</b> <b>Edinburgh Veterans Breakfast Club</b> The Foxy Fiddler, Morrison Street 09:30 to 11:30 £5
<b>26</b>	<b>27</b>	<b>28</b> V1P Music Group 14:00 to 15:00	<b>29</b> Veterans Café, The Stafford Centre, 18:30 to 21:00 Tai Chi 18:30 to 19:15 Meditation 19:15 to 20:00	<b>30</b>		<b>NOVEMBER 2</b> <b>Rock2Recovery Fundraiser Music Gig</b> <b>The Voodoo Rooms</b> <b>7pm 'til late £9 to £14</b>

To have your events included in the calendar email [bruce@lothiansveteranscentre.org.uk](mailto:bruce@lothiansveteranscentre.org.uk)

# Lothians Veterans Calendar NOVEMBER '17



	Address and contact telephone	Website and contact email	Core Services
	Normal Venue: The Gothenburg Bar, High St Prestonpans, EH32 9BE	East Lothian Breakfast Club on Facebook	Breakfast Club
	Normal Venue: The Foxy Fiddler, 192 Morrison St. Edinburgh EH3 8EB Contact: Gary Loutitt 07876356605	Edinburgh City Breakfast Club on Facebook	Breakfast Club
	Sighthill Campus, 9 Sighthill Court, Edinburgh EH11 4BN Contact: Gary Seath 0131 455 3214	<a href="http://www.napier.ac.uk/study-with-us/armed-forces">www.napier.ac.uk/study-with-us/armed-forces</a> G.Seath@napier.ac.uk	Education advice for current, ex service personnel and families
	11 Eskdail Court, Dalkeith, EH22 1AG Contact: Steven Williams 0131 660 5537	<a href="http://www.lothiansveteranscentre.org.uk">www.lothiansveteranscentre.org.uk</a> contact@lothiansveteranscentre.org.uk	Support for Veterans and families Drop-in Centre, 10:00 to 16:00 Mon to Fri Support with Employability, Further Education, Housing and Benefits, Health & Wellbeing, or just a brew and a blether! By appointment or drop-in
	Legion Hall, Louis Braille Avenue, Wilkieston, West Lothian EH27 8EJ 07799565243	Military Museum Scotland on Facebook milmussco@aol.co.uk	Veterans Drop-in every Wednesday 10:00 to 12:00  Breakfast Club, last Sunday of month
	c/o Napier University Sighthill Campus 9 Sighthill Court, Edinburgh EH11 4BN 01395 220072	<a href="http://www.rock2recovery.co.uk">www.rock2recovery.co.uk</a> jamie@rock2recovery.co.uk	Mental Health Support, based in Devon but providing a monthly 3 day surgery in partnership with Napier University
	The Stafford Centre, 103 Broughton St. EH1 3RZ Contact: Keith McKenzie 07764 765291	Website coming soon cianroanf8@hotmail.co.uk	Veterans Café every Wednesday evening, Tai Chi 18:30 to 19:15 Meditation 19:15 to 20:00
	The Thistle Centre, 13 Queen's Walk, Edinburgh EH16 4EA Contact: Claire Cumming 07471030957	<a href="http://www.thistle.org.uk/looking-for-support/adjust-to-civvy-street">www.thistle.org.uk/looking-for-support/adjust-to-civvy-street</a> Claire.Cumming@thistle.org.uk	Regular Veterans Lifestyle Management Programmes Men's Shed Mondays and Wednesdays 13:00 to 16:00
	Floor K, Argyle House, 3 Lady Lawson Street Edinburgh EH3 9DR 0131 220 9920	<a href="http://www.veteransfirstpoint.org.uk">www.veteransfirstpoint.org.uk</a> V1P.Scotland@nhslothian.scot.nhs.uk	NHS Mental Health Service General support

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